

HOLIDAY ACTS OF KINDNESS

HOLD THE DOOR FOR A STRANGER	WRITE LETTER TO DEPLOYED SOLDIERS	HELP A FRIEND	PRAY FOR SOMEONE	DONATE A TOY
VOLUNTEER YOUR TIME	BAKE A TREAT/MEAL FOR POLICE / FIREFIGHTERS	SEND A LETTER TO A LOVED ONE	PAY FOR SOMEONE'S MEAL	ASK SOMEONE HOW YOU CAN HELP THEM
GIVE SOMEONE A COMPLIMENT	DONATE FOOD	COOK DINNER FOR A NEIGHBOR	PICK UP LITTER	DONATE USED BOOKS
HELP A NEIGHBOR (TAKE OUT TRASH/ SHOVEL SNOW)	DO SOMEONE ELSE'S CHORE	MAKE A PRESENT FOR A FRIEND	MAKE CARDS FOR RESIDENTS AT LOCAL NURSING HOME	LET SOMEONE GO AHEAD OF YOU IN SHOPPING LINE
HELP CLEAN/ TIDY UP THE HOUSE	CALL A LOVED ONE TO SAY HELLO	SMILE AT EVERYONE YOU SEE TODAY	DONATE CLOTHES YOU HAVE GROWN OUT OF	WRITE DOWN EVERYTHING YOU ARE GRATEFUL FOR

